

# Handout 1.11 a: Multiple Intelligences - What Are Yours?

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

Howard Gardner, an educational psychologist, researched human intelligence and came up with the theory of Multiple Intelligences. Gardner believed that intelligence was not just IQ; in fact, he discovered that there are various ways people demonstrate how smart they are. To date he has come up with eight Intelligences, or "smarts," as some people call them. They are:

- *Verbal/Linguistic* (Word Smart)
- *Logical/Mathematical* (Logic Smart)
- *Visual/Spatial* (Image Smart)
- *Interpersonal* (People Smart)
- *Intrapersonal* (Self Smart)
- *Bodily/Kinesthetic* (Body Smart)
- *Musical* (Music Smart)
- *Naturalist* (Nature Smart)

## Instructions

1. Read all of the statements below in the eight-part Multiple Intelligences quiz to discover your top three ways of being smart.
2. Use the following guidelines to select which *number* best describes you for each statement. **5=definitely me 4=mostly me 3=sometimes me 2=rarely me 1 =not me at all**
3. Write the appropriate number in the blank after each statement.
4. Add up your scores, as instructed at the end of this handout ("Identifying Your Top Three Intelligences").

### Part 1 - Score: \_\_\_\_\_

1. \_\_\_\_\_ I like words and language in general.
2. \_\_\_\_\_ I remember exact phrases and words people have said to me.
3. \_\_\_\_\_ I enjoy writing for myself and sometimes reading my writing to others.
4. \_\_\_\_\_ I like telling stories and discussing movies or TV shows I've seen.
5. \_\_\_\_\_ I like to write short-answer or essay tests more than multiple-choice tests.

### Part 2 - Score: \_\_\_\_\_

1. \_\_\_\_\_ I like math and math problems.
2. \_\_\_\_\_ I prefer planning out my work before actually doing it.
3. \_\_\_\_\_ I'm very interested in science and experiments.
4. \_\_\_\_\_ I like to ask questions and I enjoy reasoning out the answers.
5. \_\_\_\_\_ I like doing research and solving complex problems.

### Part 3 - Score: \_\_\_\_\_

1. \_\_\_\_\_ I like colour and design.
2. \_\_\_\_\_ I have a good sense of direction and can read maps and charts well.
3. \_\_\_\_\_ I remember things I have seen well more than things I have heard.
4. \_\_\_\_\_ I enjoy drawing, building, and visualizing.
5. \_\_\_\_\_ Art is a favourite class of mine, as I understand form, shape, texture, and colour well.

### Part 4 - Score: \_\_\_\_\_

1. \_\_\_\_\_ I get along well with others and enjoy spending time talking.
2. \_\_\_\_\_ I enjoy team sports more than individual sports.
3. \_\_\_\_\_ I enjoy listening to other people's stories and empathizing with their feelings.
4. \_\_\_\_\_ I like being the leader of a group who listens to other members' ideas.
5. \_\_\_\_\_ People are energizing for me; parties, visiting, and making new friends is fun.